



4 January 2023

Dear Parent/Carer

Re: Gully's Health Squad is coming to your school!

Gully's Health Squad is Albion in the Community's new school-based health programme, delivered by a team of expert nutritionists and health improvement coaches.

Over the coming half-term, Gully's Health Squad will be visiting your school to deliver fun assemblies and classroom activities/challenges based around nutrition, wellbeing and keeping active.

Look out for fun challenges and activities that the whole family can take part in to be healthier and active together!

Best wishes,

Rosie Sadler
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